

## MOD3-MW300-Antepartum Provision of Care Course

1. When facilitating a client's decision on where to give birth, you should take into consideration:
  - a. Physiological considerations only
  - b. The comfort level of the client and her family with the idea of home birth
  - c. A combination of physiological, lifestyle and emotional considerations
  - d. Whether or not a clients has ever used illicit drugs
2. An informed consent document should include:
  - a. Risks to mother and baby of choosing a homebirth
  - b. A description of the education and training of the midwife
  - c. The names and contact info for all other midwives in the area
  - d. Both a and b are correct
3. An example of individualized care is:
  - a. Giving the same care to everyone
  - b. Taking into consideration the unique factors in each client's life and counseling to the needs of the individual
  - c. Practicing in a solo practice
  - d. Asking the individual client to set the parameters of their care based on their needs and desires.
4. Lab tests that are routinely done during the early part of prenatal care include:
  - a. Syphilis and Rubella immunity
  - b. Group B strep and Direct Coombs
  - c. Blood type and HGB/HCT
  - d. Both a and c are correct
5. An example of an occupational hazard that might be dangerous to a pregnant woman or fetus is:
  - a. Physical stress due to sitting in a small cubicle all day with poor light
  - b. Emotional stress due to an abusive partner
  - c. Physical stress due to a diet low in fresh fruits and vegetables
  - d. Exhaust from a car used to commute to work
6. The recommended amount of protein to be consumed per day by the average pregnant woman is:
  - a. 70-90 grams
  - b. 70-90 micrograms
  - c. 50-80 grams
  - d. 50-80 micrograms

7. Dietary sources of folic acid include:
- a. Citrus fruits and strawberries
  - b. Rare steak and sunflower seeds
  - c. Blackstrap molasses and sweet potatoes
  - d. Dark green leafy vegetables and organ meats
8. A 24-year old woman comes to you and reports that her last menstrual period was over 10 weeks ago and she has had a positive pregnancy test. She reports that she has also experienced nausea, breast tenderness, fatigue, and a can now feel her uterus just above her pubic bone. Which of the signs reported by this woman are probable signs on pregnancy?
- a. Positive pregnancy test and abdominal enlargement?
  - b. Positive pregnancy test and nausea?
  - c. Breast tenderness and Nausea
  - d. Nausea and fatigue
9. What is NOT a common cause of nausea in early pregnancy?
- a. Hypoglycemia
  - b. Hyperglycemia
  - c. Rising hormone levels
  - d. Inadequate dietary adjustment to pregnancy
10. Which factors are LEAST important in assessing fetal well-being at term?
- a. Fetal movement and fundal height growth
  - b. Fundal height growth and fetal heart tone patterns
  - c. Maternal weight gain and fundal height growth
  - d. Fetal movement and fetal heart tone patterns